



# Now even YOU can Fly Hassle-Free!

## JOIN OUR TAIPEI 4 DAYS 3 NIGHTS TOUR

Worry-free, affordable holiday specially designed for hemodialysis patients & their love ones.  
Travel with Comfort, Care and Confidence.



### DAY 1



- ARRIVE IN TAIPEI**
  - 帶好行李桃園機場集合出發...搭乘舒適遊覽車前往台北
- LUNCH**
  - 暫定野柳海鮮餐廳
- 午餐的約會
- YEHLIU GEOPARK**
  - 擁有奇岩美石的野柳地質公園，是大屯山餘脈延伸至海中的岬角，受到風化、海蝕及地殼運動等作用，造就了蕈狀岩、海蝕洞、豆腐石、燭狀岩及壺穴等奇景，是揚名國際的天然風景名勝地。其中，「女王頭」，「俏皮公主」更是熱門打卡點
- 野柳地質公園
- SHIFEN OLD STREET (INCLUDE SPECIAL RELEASE SKY LANTERN ACTIVITY)**
  - 古樸的經典山城十分老街為天燈的發源地，堪稱平溪礦業史中開發最早、規模最大的聚落。十分老街和火車鐵軌並存相連，擁有「火車門前過」的獨特鐵道風貌，更是歌手MV、電影的取景勝地。今日老街仍保有舊時的建築風貌，飲食店、天燈工藝品店林立，展現新生機。特別安排放天燈活動
- 十分老街
- DINNER**
  - 暫定貴族世家鮮饌館—新莊體育館店
- 晚餐的約會
- HOTEL**
  - 洛碁大飯店新仕界館
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- XIMENDING**
  - 台北最好逛的不夜城西門町為全國最大的商業娛樂中心。現今的西門町不但見證了歷史，還是新一代流行文化的帶領者，許多懷舊的中老年人在此回味往事，更有打扮新潮的年輕一代在這裡爭奇鬥豔，兩種完全不同的生活型態在此交流，滿足了不同需要的族群
- 西門町商圈

### DAY 2

- BREAKFAST**
  - 美味早餐
- TAIPEI 101**
  - 台北101
  - 台北101購物中心群樓商場有地上101層、地下5層、高508米，落成之際曾名列世界最高樓（目前為世界第四、亞洲第三），是台灣第一高樓
- LUNCH**
  - 暫定犁園湯包館 - 隱藏版美食犁園湯包館位於捷運南京復興站附近，主打上海小籠湯包
- 午餐的約會
- HEALTH TALK**
  - 健康講座
- DIALYSIS SESSION**
  - 專車接送腎友前往台北透析診所(17:30-21:30)
  - 及專車接送返回飯店
- 腎友前往台北透析診所
- DINNER**
  - 特別準備腎友健康餐盒讓腎友們享用，其他同行人員另安排晚餐
- 晚餐的約會
- HOTEL - FREE AND EASY**
  - 自由活动
- 洛碁大飯店新仕界

\* The itinerary may be subject to changes due to unforeseen circumstances

#### Scan the QR Code for:



- Tour Website - <https://www.ythrenalfoundation.com/tour2025/>
- Tour Poster
- Form A - Tour for Kidney Patients Application Form
- Form B - Terms & Conditions

\* Approval is subject to screening by nephrologist. Tour dates will be confirmed once minimum participant number is achieved.

#### TAIPEI & NORTH TAIWAN 16-19 NOVEMBER 2025

Dialysis Patient: RM4,488  
(dialysis cost jointly sponsored by YTHRF and Local Dialysis Centre)  
Dependent: RM3,988  
(price excludes insurance coverage)

**Package includes:** 3/4 stars Accommodation, Transport, Tour Guide, Health Talk, \*Dialysis Session, Meals.

\*Dialysis session : Outpatient administration, specialist doctor examination, Pre dialysis HD screening/examination, HD procedures and medical devices/medicines used during HD (If there are routine medicines that must be given during HD, it is recommended to bring your own). Please bring the last three dialysis records, blood draw reports and the attending physician's medical record summary.

For enquiries, please email to [tour@ythrenalfoundation.com](mailto:tour@ythrenalfoundation.com)

A Not-For-Profit Tour organised by Yong Tuan Heng Renal Foundation (YTHRF)



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### DAY 3



#### BREAKFAST

美味早餐

#### CHIANG KAI SHEK MEMORIAL HALL 中正紀念堂

- 搭乘捷運出發前往中正紀念堂。中正紀念堂的設計師是設計圓山大飯店的楊卓成，紀念
- 堂原址是陸軍總部，當時是臺北市區內最大的軍區，紀念堂採用的藍白兩色，是國旗上面主要的顏色，紀念堂頂部天穹的裝飾是青天白日12道光芒。白牆藍瓦，70公尺高聳立在紀念公園的中央，不論從哪個角度看過去，都很宏偉。國外觀光客來到臺灣，不論行程如何安排，都一定會到這裡來參觀一下。※安排觀賞 09:00 禮兵交接活動



#### LUNCH

午餐的約會

#### BLUE BAY PARK 藍灣海濱休憩 園區—拉拉車 體驗&牛舌餅 DIY:

- 暫定三重錢夫人時尚鍋物 - 名稱以大富翁中的角色「錢夫人」為名，象徵財富與吉祥。閩娘熱愛火鍋，經過多次品嚐與研究，創造出屬於自家的獨特口味。店內設有豐富的蔬菜吧，超過40種品項取代傳統菜盤，還有當季水果、精選口味霜淇淋、咖啡、甜點和自製剉冰，為顧客帶來多樣化的美食體驗
- 東北角幅員最廣的遊憩景點，綿延3公里迄於福隆的金黃海岸亦冠絕全臺，適宜從事游泳、沙雕、沙灘排球、灘釣等多樣化的遊憩活動。園區內應有盡有，大小朋友最愛的海水浴場，石英沙沙質細緻柔軟；還有生態步道、遊園拉拉車、手作體驗等，玩沙雕沙之外更有多種玩樂選擇。如想休憩解渴，也可到風格與眾不同的藍灣咖啡坐坐，在古色古香的仿閩式建築中啜飲咖啡及享受特色輕食，吹吹海風，放空享受海天一色美景



#### HOTEL

洛碁大飯店  
新仕界館

#### RAOHE STREET NIGHT MARKET (DINNER)

松山饒河夜市  
(晚餐於夜市)

- 由導遊帶領搭乘捷運前往松山饒河夜市體驗夜市風情，台灣夜市包羅萬象，吃喝玩樂都有，是外國觀光客來台必逛的夜間市集

### DAY 4



#### BREAKFAST

美味早餐

#### LUNCH

午餐的約會

#### AIRPORT

桃園機場

- 暫定桃園城市商旅—桃園航空館自助餐
- 搭乘飛機返回馬來西亞

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